

# INCLUDED DAILY

**SKATING DEVELOPMENT:** Our staff uses the most modern, innovative instructional techniques to improve our players' skating.

**SKILL DEVELOPMENT:** Each day players will be taken through a progression of skills in stickhandling, passing and shooting. To maximize player movement and development, stations are used during these sessions.

**SMALL AREA GAMES:** Team play is designed to educate players on concepts, strategies, systems and positioning through game situations. Each day a different concept is discussed, and games will be focused on that concept.

**SCRIMMAGE:** Players will participate in small area games and a controlled scrimmage with coaches reinforcing the day's teaching.

**VIDEO SESSIONS:** Each player will see personal video footage of the skating skill of the day and the coach will provide feedback.

**CLASSROOM:** Coaches lead classroom sessions daily and go over different concepts, strategies, rules, sportsmanship and fun game/activities.

**DRYLAND TRAINING:** Activities and training vary daily and by age group. Our dryland training is aimed at improving players' athletic ability and hockey skills.

**WEIGHT TRAINING:** Athletes who participate in 14U & 16U/U17 will be led through functional weight training in the state-of-the-art training facility at the rink.

**TEAM BUILDING:** Hockey is the ultimate team sport. Every day, our staff challenges our campers with fun team-building exercises that enhance their leadership, communication, problem solving skills, team camaraderie and personal growth.

**GOALIE-SPECIFIC:** Our camp will have a goaltending coach who will lead goalie-specific movement drills and skills on the ice and provide feedback throughout the small area games and scrimmages. At the conclusion of the camp, goaltenders will receive a detailed report card from our goaltender coach.



**LOGIN FOR REGISTRATION AND PAYMENT AT**  
**thundericearena.com**

Overnight roommate request on registration form

Discounts available when combining more than one camp. Email John Mihalik at mihalikj@trine.edu for details.

Refund policy - deadline June 1.  
\$100 non-refundable administration fee.

## CAMP HIGHLIGHTS:

Stay in Trine University housing  
Meals at the award-winning cafeteria  
On-ice and off-ice combine testing  
Camp jersey  
Player/goalie of the week prizes  
Great coach-to-player ratio  
Personal evaluations

## OFF-ICE ACTIVITIES INCLUDE:

- MTI Center: basketball, spikeball, bowling and many more sports
- Dryland training
- Introduction to weight room - 14U/17U



# BOYS CAMP

## Overnight Camp Schedule

**June 25-30** Boys 12U & 14U

**July 9-14** Boys 12U, 14U & High School (16U/17U)

Ages are based on USA Hockey 2023-24 season  
(Players will be separated based on age and skill)

Schedule varies for age group.  
Final schedule will be sent before camp.

Overnight Player  
Cost: \$690 Player \$570 Goalie

Day Camper Player  
Cost: \$495 Player \$390 Goalie

Trine Summer Hockey Camp is intended for players who play or plan to play at the house, travel, or high school level.

Our Boys (ages 12U) camp will focus largely on individual skill development and competing in small areas in a fun, competitive atmosphere. Primary team concepts and hockey rules will be taught during this camp as well. Rules and concepts will be reiterated during the scrimmage sessions.

Our 14U/High School camp will focus on advanced skill development and team play concepts along with a large focus on body contact and checking. The goal of the camp is to teach proper technique when receiving and delivering a body check. Small area games and scrimmages are held daily to practice contact/checking in game situations.

# OVERNIGHT CAMP

TRINE SUMMER HOCKEY CAMPS ARE INTENDED FOR PLAYERS THAT PLAY OR PLAN TO PLAY AT THE HOUSE, TRAVEL OR HIGH SCHOOL LEVEL.

# GIRLS CAMP

## Overnight Camp Schedule

**July 16-21** Girls 10U/12U & 14U/17U

Ages are based on USA Hockey 2023-24 season  
(Players will be separated based on age and skill)

Schedule varies for age group.  
Final schedule will be sent before camp.

Overnight Player  
Cost: \$690 Player \$570 Goalie

Day Camper Player  
Cost: \$495 Player \$390 Goalie

Trine Girls Summer Hockey Camp is intended for players who play or plan to play at the house, travel, or high school level.

Camp is designed to emphasize individual skill development while considering the difference in ability levels. Our focus will be providing a fun, competitive atmosphere for female players.

The camp will provide structured on-ice practices and off-ice activities that will give our players a great camp experience. Small area games and scrimmages will occur at the end of each day and give players an opportunity to work on what they've learned.

Trine University NCAA Women's coaching staff will be involved.



## TRINE SUMMER CAMP PHILOSOPHY

Our mission is to provide the finest creative hockey instruction within a disciplined, organized and enjoyable hockey atmosphere. All ice sessions and off-ice activities are geared toward the athlete's development as a player and individual. A player's development is largely determined by the effort and attitude displayed on and off the ice, which this camp emphasizes.



## TRINE UNIVERSITY COACHING STAFF

John Mihalik \_\_\_\_\_ Hockey Director  
 Jared Bussard \_\_\_\_\_ Men's NCAA Assistant Coach  
 Melissa Kraus \_\_\_\_\_ Women's NCAA Head Coach  
 Chris Garrity \_\_\_\_\_ Men's ACHA D3 Head Coach

Assistant coaches are members of NCAA Men's and Women's teams and the ACHA Men's D2/D3 teams.



## TRINE UNIVERSITY

### THUNDER ICE ARENA

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# OVERNIGHT CAMPS

June 25-30

July 9-14

July 16-21

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